



Retina Consultants
of Southwest Florida*

SURGERY INSTRUCTIONS

Prior to your scheduled surgery day, you will have a pre-operative appointment at Retina Consultants of Southwest Florida to sign surgical consents and to go over detailed instructions regarding your surgery. Please take this opportunity to ask our staff or your doctor any questions.

You will be given an envelope of completed paperwork to bring with you to the hospital or surgery center the day of your surgery. This envelope is required for the hospital or surgery center to have permission to prepare you for surgery. **Without this envelope, your surgery will be delayed or cancelled.**

Pre-Operative instructions:

- Please refer to the specific instructions given to you during your pre-operative appointment.
- Do not eat or drink anything after midnight the night prior to surgery.
- On the day of your surgery please arrive at the hospital or surgery center as advised. You must be available the entire day of surgery. Cancellations and unforeseen delays may change your time of surgery.

The following symptoms are normal after surgery:

- Blurry vision
- Tearing
- Mild floaters in your vision
- Mild to moderate pain or irritation
- Eyelash in the eye sensation
- Swelling and tenderness around your eye
- Redness, **sometimes this can cover the entire white part of the eye**
- Bloody tears for 1-2 days after treatment
- Light sensitivity/dilated pupil for several weeks
- Runny nose
- Sore throat
- Droopy eye lid

Symptoms requiring immediate attention:

- Severe, constant pain
- Severe, constant floaters
- Curtain or veil in your vision

- Cloudy vision
- Significant decrease in vision

On your first visit the day after surgery:

- We will remove the eye patch
- Your eye will be examined by your doctor
- You will be given instruction for drops, positioning and activity restrictions
- Your next office visit will be scheduled

Home care instructions:

- Maintain positioning as directed by your doctor
- Avoid aspirin, unless advised otherwise by your medical doctor
- Take Tylenol, Advil or Motrin as needed for pain
- Keep your hands clean
- Gently clean your lids/lashes with a clean warm or cool cloth
- You may shower but protect your eye from soap or any other irritants
- Use eye drops as prescribed
- Do not rub your eye
- Avoid vigorous activity and heavy lifting
- Use dark glasses as needed for comfort
- You may wear your regular glasses
- Reading will not harm your eye
- If an air bubble was inserted during surgery, avoid high altitudes
- Resume your regular medications
- Resume your regular diet as tolerated
- If you experience severe pain, vomiting and/or inability to take fluids and food please contact Retina Consultants immediately at (239) 939-4323 or (800) 282-8281.

Please contact our office with any questions or concerns at (239)939-4323 or (800)282-8281.