



Retina Consultants  
of Southwest Florida\*

## **EYE INJECTION INSTRUCTIONS**

Eye injections are typically performed after the pupils are dilated. Anesthetic eye drops or gel and sometimes anesthetic injections are used to numb the eye to maximize comfort. A device designed to gently hold your eye open will be used to prevent blinking during the injection. Antiseptic is applied before the injection to reduce the chance of infection.

It is not unusual for your pupils to remain dilated for 24-36 hours after your visit.

### **Please follow these instructions after eye injections:**

- Do not rub your eye after treatment
- If an eye patch was applied, you may remove it after 2-4 hours
- For relief of mild to moderate pain or irritation, a non-aspirin pain reliever (eg: Tylenol) or cool compresses/ice packs can be used
- Artificial tears/lubricating drops can be used

### **The following symptoms are normal after successful eye injections:**

- Blurry vision
- Tearing
- Mild floaters or bubbles in your vision for 2-3 days after treatment
- Mild to moderate pain or irritation
- Eyelash in the eye sensation
- Redness, **sometimes this can cover the entire white part of the eye**
- Bloody tears for 1-2 days after treatment
- Runny nose
- Sore throat

### **The following symptoms are not normal after eye injections, and you should call our office immediately if you experience:**

- Severe, constant pain
- Severe, constant floaters
- Curtain or veil in your vision
- Cloudy vision
- Significant decrease in vision

**Please contact our office with any questions or concerns at (239)939-4323 or (800)282-8281.**